

Cross Country Ski Care

Here are some tips to keep your skis sliding for years to come!

- 1. Don't ski through the parking lot.** Skiing through the parking lot and all the gravel, salt and other contaminants ruins the base of your skis, and wears off the wax. Put your skis on at the trailhead.
- 2. Wax your skis regularly.** Waxing your skis regularly keeps your bases from drying out and helps them last for many years to come. Don't put layer upon layer of kick wax, building up to much kick wax slows you down and makes it easier for things to stick to the base.
- 3. Use ski tubes,** and even better use a ski bag as well. Ski tubes keep your skis together and from flying around your car, they also keep the bases from coming into contact with stuff in your car, and each other. A bag keeps the entire ski, not just the base protected, as well as keeping contaminants from sticking to the kick wax.
- 4. Don't Jam your skis into a snow bank.** Repeating this can actually lead to de-lamination and even causing the skis to split.
- 5. Only use proper wax removers.** Using other solvents than those designed for your skis can wreck your bases.
- 6. Don't use metal scrapers,** a plexi scraper makes it harder for you to gouge the base of your skis.

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